



## Howard Sports Information

<b>SPORT</b>	<b>Info Meeting</b>	<b>Tryouts</b>
<b>Soccer</b>	8/11 @ 4:00 in the gym	8/14-8/16 (girls) 8/14, 8/15, 8/17 (boys)
<b>Volleyball</b>	10/4 @ 3:00 in the gym	10/11 – 10/13
<b>Basketball</b>	12/13 @ 3:00 in the gym	1/10- 1/12
<b>Track</b>	2/21 @ 3:00 in the gym	2/26 – 3/2

### Things I need to play sports this school year:

- 1. A sports physical packet (scan QR code below for physical form)**
  - a. The entire packet **MUST** be complete in order to be eligible for tryouts (ECG is **NOT** required for middle school)
  - b. Physical forms are good for a year to the date that the doctor signed them
- 2. Have and maintain at least a 2.0 or higher GPA (NO exceptions)**
  - a. For soccer and volleyball your last year's semester GPA **MUST** be a 2.0
  - b. For basketball and track your first semester's GPA this school year must be a 2.0
- 3. Transportation is not provided to away games.**

**Carpools are encouraged!!!**

**If you have any questions or concerns please email:**

Mrs. Kimberly Wallen

Howard Middle School Activities Coordinator

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